

Heart's Ease Cast care away

From the English Dancing Master, 1651
Publ. by John Playford (1623-1686)

Lyrics from Misogonus, II, ii

Gm Gm F Cm D Gm D Gm D Gm Cm D Gm

Cast care a-way, with sport and play; Pas-time is all our plea-sure. If

The first system of music consists of four staves (treble, alto, tenor, and bass clefs) in 6/4 time. The melody is in the treble clef. The lyrics are written below the first staff. The key signature has one flat (B-flat).

Gm F Cm D Gm D Gm D Gm Cm D

well we fare, for naught we care; In mirth con-sist our trea-sure.

The second system of music continues the melody and accompaniment from the first system. The lyrics are written below the first staff.

Gm F F Gm D Gm Cm D

Let snud-ges lurk, and drud-ges work; We do de-fy their slave-ry. He

The third system of music concludes the piece. It features repeat signs at the beginning of the first staff. The lyrics are written below the first staff.

F B \flat F Gm Dm Gm D Cm D G

is but a fool, that goes to school; All we de-light in brave - ry.

What doth't avail, far hence to sail,
 And lead our life in toiling?
 Or, to what end, should we here spend,
 Our lives in irksome moiling?
 It is the best, to live at rest,
 And take't as God doth send it;
 To haunt each wake, and mirth to make,
 And with good fellows spend it.

Nothing is worse, than a full purse,
 To niggards and to pinchers.
 They always spare, and live in care;
 There's no man loves such flinchers.
 The merry man, with cup and can,
 Lives longer than doth twenty.
 The miser's wealth, doth hurt his health;
 Examples we have plenty.

'Tsa beastly thing, to lie musing,
 With pensiveness and sorrow.
 For who can tell, that he shall swell
 Live here until the morrow?
 We will therefore, forevermore,
 While this our life is lasting,
 Eat, drink, and sleep, and lemans keep;
 Its popery to use fasting.

In cards and dice, our comfort lies,
 In sporting and in dancing.
 Our minds to please, and live at ease,
 And sometimes to use prancing.
 With Bess and Nell, we love to dwell,
 In kissing and in haking.
 But whoop ho holly, with trolly lolly,
 To them we'll now be walking.